
NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW WE COLLECT, USE, DISCLOSE AND PROTECT YOUR HEALTH INFORMATION, INCLUDING REPRODUCTIVE HEALTH INFORMATION, IN ACCORDANCE WITH THE HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT OF 1996 (HIPAA) AND THE FEDERAL REPRODUCTIVE HEALTHCARE PRIVACY RULE.

PLEASE REVIEW IT CAREFULLY.

THE PRIVACY OF YOUR HEALTH INFORMATION IS IMPORTANT TO US.

OUR LEGAL DUTY

We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this Notice about our privacy practices, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect June 9, 2025 and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the change in our privacy practices and the terms of our Notice effective for all health information that we maintain, including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request.

You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed at the end of this Notice.

USES AND DISCLOSURES OF HEALTH INFORMATION

We use and disclose health information about you for treatment, payment, and healthcare operations. For example:

Treatment: We may use or disclose your health information to a physician or other healthcare provider providing treatment to you.

Payment: We may use and disclose your health information to obtain payment for services we provide to you.

Healthcare Operations: We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.

We will use or disclose your health information only as described in this notice. It is not necessary for you to do anything to allow us to disclose your health information as described here.

Your authorization: If you want us to use or disclose your health information for another purpose, you must authorize us to do so. You may revoke your authorization in writing at any time. If you revoke your authorization, we will no longer be able to use or disclose health information about you for the reasons covered by your written authorization, though we will be able to take back any disclosures we have already made with your permission.

To Your Family and Friends: We must disclose your health information to you, as described in the Patient Rights section of this Notice. We may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.

Persons Involved in Care: We may use or disclose health information to notify, or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.

Marketing Health-Related Services: We will not use your health information for marketing communications without your written authorization.

Required by Law: We may use or disclose your health information when required to do so by law.

Abuse or Neglect: We may disclose your health information to authorities if we reasonably believe that you are a victim of abuse, neglect, or domestic violence. We may also disclose information if necessary to avert a serious threat to your health or safety.

National Security: We may disclose health information to military authorities under certain circumstances, or to authorized federal officials for lawful intelligence and security activities. We may disclose to a correctional institution or law enforcement official under lawful custody circumstances.

Appointment Reminders: We may use or disclose your health information to provide you with appointment reminders.

Reproductive Healthcare: These privacy rules protect use and disclosures of PHI relating to reproductive healthcare that cannot be bypassed by obtaining consent or an authorization. Reproductive health care includes terminations, contraception, fertility, and miscarriage healthcare. PHI relating to reproductive health care will not be used or disclosed without proper authorization. A request for reproductive health care information must be accompanied by an attestation that the information will not be used for an out-of-state judicial or administrative proceeding.

PATIENT RIGHTS

Access: You have the right to look at or obtain copies of your health information, with limited exceptions. You may request that we provide copies in a format other than photocopies. We will use the format you request unless we cannot practicably do so. (You must make a request in writing to obtain access to your health information. You may obtain a form to request access by using the contact information listed at the end of this Notice. You may also request access by sending us a letter to the address at the end of this Notice. If you request copies, we may charge you a reasonable fee to locate and copy your health information, and postage if you want the copies mailed to you. If you request an alternative format, we will charge a cost-based fee for providing your health information in that format. If you prefer, we will prepare a summary or an explanation of your health information for free. Contact us using the information listed at the end of this Notice for a full explanation of our fee structure.)

Disclosure Accounting: You have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes, other than treatment, payment, healthcare operations and certain other activities, for the last 6 years, but not before June 8, 2019. If you request this accounting more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to the additional requests.

Restriction: You have the right to request additional restrictions on our use or disclosure of your health information. We are not required to agree, but if we do, we will abide by it (except in an emergency).

Amendment: You have the right to request that we amend your health information in writing, stating why the amendment is needed. We may deny requests in certain circumstances.

Electronic Notice: If you receive this Notice electronically, you are entitled to a written copy as well.

QUESTIONS AND COMPLAINTS

If you want more information about our privacy practices or have questions or concerns, please contact us.

If you are concerned that we may have violated your privacy rights, or you disagree with a decision we made about access to your health information or in response to a request you made to amend or restrict the use or disclosure of your health information or to have us communicate with you by alternative means or at alternative locations, you may complain to us using the contact information listed at the end of this Notice. You also may submit a written complaint to the U.S. Department of Health and Human Services. We will provide you with the address to file your complaint with the U.S. Department of Health and Human Services.

Contact Officer: Karthik Vinayagamoorthi

Telephone: 510-525-1772

Address: 591 San Pablo Ave, Albany, CA 94706

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